



NORTH STAR ROTARY
YOUTH EXCHANGE
PROGRAM

REBOUND ORIENTATION

6 & 7 August 2011

Calling all Rotex!

Whew! Did that year fly by fast, or what??!

It seems like just a few months ago we interviewed the potential Outbounds for the North Star Rotary – Youth Exchange Program Class of 2010 – 2011. Then came Orientations I, II, and III, lots of questions about what was it like to be an exchange student, probably several meetings with the respective Country Officer, and then, *poof*, they were gone! Without your efforts and those of everyone involved with NSR-YEP, none of these students would have had this opportunity of a life-time.

And now, just like that, their back!

Our Outbounds have recently returned and Rebound Orientation is our best opportunity to welcome them home as Rebounds, and help them readjust to their home, their family and their new life as truly bi-cultural world citizens. And hopefully recruit them as soon-to-be Rotex.

Part I, Rebound Orientation

Saturday morning and afternoon are the formal Rebound Orientation sessions. The planning committee, including strong representation from Rotex leadership, has put together an impressive and full schedule, and it goes without saying that Rotex is integral part of the entire weekend. The more Rotex who can attend, from more countries and perspectives, the better. But don't worry – there is also a lot of free time just for interacting and friendship building.

Part II, Dinner Cruise and Celebration

The evening is on board the Afton Princess for a dinner cruise as we salute and celebrate the recently returned Class of 2010 – 2011. This is a completely social event for everyone involved in NSR – YEP. All too seldom do all the members of North Star Rotary YEP get to socialize together and cement the bonds between us. Truly, this is a great event!

REBOUND ORIENTATION, 6 & 7 August 2011

WHO: Rebounds (recently returned Outbounds who completed their exchange year)
Parents of Rebounds, Rotex (former Rotary Exchange Students)
Local Exchange Officers who sponsored one or more Rebound
Country Officers and other NSR – YEP Committee Members

WHAT: Saturday Morning & Lunch: Rebound Orientation for everyone
Saturday Afternoon: Rebounds and Rotex meet
Free for Exchange Officers and Cmte. Members to socialize
Saturday Evening: Dinner Cruise and Celebration for Rebounds,
Exchange Officers, Rotex and NSR - YEP Committee Members
Overnight for Rebounds and Rotex
Sunday Morning: Wrap-up for Rebounds *and Rotex*

WHEN: Saturday, 6 August 2011
8:30 a.m. Registration & continental breakfast
9:00 a.m. sharp! Program begins
12:30 p.m. Lunch and graduation ceremony
1:30 p.m. Parents' portion concludes
5:45 p.m. Board the Afton Princess, Port of Afton
6:00 p.m. On-board dinner and celebration
8:30 p.m. Return to port
10:00 p.m. Rebound & Rotex bonfire
Sunday, 7 August 2011
8:30 a.m. Breakfast
9:15 a.m. Rebound Wrap-up session
10:30 a.m. Rebounds pack and depart

WHERE: YMCA Camp Saint Croix, 532 County Road F, Hudson, WI, 54016

St. Croix River Cruises by Afton House Inn
Port of Afton – downtown (sic) Afton, MN

PREPARATION:

Overnight

- Bring supplies for an overnight stay, i.e. cabin camping supplies (sleeping bag, pillow, toiletries, etc.)
- Clothing for any weather (swim suit, rain jacket, sweatshirt, shorts)
- Items from your host country to show off (flag, pictures, traditional goods)
- Your Rotary nametag, if you still have it
- Rotary business cards, if you still have any
- Camera and journal book
- Bring your memories, impressions and experiences of your year abroad.
- Be prepared to share with others what you've learned from the youth exchange experience.
- But remember, this weekend is all about the Rebounds. Be prepared to listen more than speak. Guide, don't direct. Offer a good shoulder to cry on, or a warm smile of encouragement. It is better to attract than promote.

**IMPORTANT: Please RSVP no later than
Wednesday, July 27, 2011:**

Please print legibly and all that apply. Thank you for your participation!

ROTEX

Name: _____

Home Address: _____

City, State, ZIP: _____

Email: _____

Host Country & Year: _____

Sponsor Rotary Club (in USA): _____

If applicable, school attending this fall: _____

- Yes, I shall attend Rebound Orientation, August 6 & 7*
- Saturday lunch*
 - Dinner cruise*
 - Overnight*
 - Sunday Breakfast*

Please return this form by Wednesday, July 27, 2011 to:

North Star Youth Exchange
11251 Red Fox Drive
Maple Grove, MN 55369

Fax: 763-550-0619
Voice: 763-553-1604
diane.confer@comcast.net

DIRECTIONS to YMCA Camp Saint Croix (8:30 Registration)

532 County Road F, Hudson, WI, 54016

From the West:

Travel east on I-94 from St. Paul. After crossing the St. Croix River, take Exit #2, Carmichael Road & County Rd F. Turn right (south) on Carmichael Road and follow for 1.5 miles. Camp St. Croix is on the right side shortly after Coulee Road.



From the East:

Travel west on I-94 to Exit 2 (County Rd F & Carmichael Road). Turn left on Carmichael Road and follow for 1.5 miles. Camp St. Croix is on the right side shortly after Coulee Road.

DIRECTIONS to Saint Croix River Cruises in Afton (5:45 Boarding)

Charter Dock Location – Afton, MN, behind the Afton House Inn
3291 St. Croix Tr. S, Afton MN 55001

From the West:

Travel east on I-94 from St. Paul. Take Exit #258, County Road 18. Turn right (south) and follow 4.5 miles. When you arrive in Afton, continue on County Road 21. The Afton House Inn is located 2 blocks ahead on the left side of the road. Parking is behind the Inn.



From Camp Saint Croix (Please carpool!)

Exit the camp and turn left (north) on Carmichael Road. Drive 1.5 miles to the intersection with I-94. Take I-94 West across the St. Croix river into Minnesota to Exit 258. County Road 18. Turn left (south) and follow 4.5 miles. When you arrive in Afton, continue on County Road 21. The Afton House Inn is located 2 blocks ahead on the left side of the road. Parking is behind the Inn.